

BIKE BRIDGE

A free programme for former refugee and migrant men and women

Learn to ride, learn to ride on roads, learn to fix up bikes and supported bike purchase!

For Women:
Every Wednesday 10-12pm
from 14 Oct - 18 Nov (6weeks)

For Men:
Every Thursday 5-7pm
from 15 Oct- 19 Nov (6weeks)

Ngā Puna Wai, Augustine Drive, Aidenfield

Bikes and helmets provided
No special clothes are required to participate

For more information email: Antoine nibs.ah@hotmail or phone 021 111 7568



Ngā Puna Wai
Our sporting home